

BOOK REVIEWS

ROBERT LIVES WITH HIS GRANDPARENTS

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ROBERT LIVES WITH HIS GRANDPARENTS BECAUSE HIS MOTHER HAS AN ADDICTION PROBLEM AND HIS FATHER IS NOT A PART OF HIS LIFE. IN THE STORY, WE LIVE WITH ROBERT THROUGH THE STRUGGLES OF ACCEPTING THE REALITY OF HIS NEW LIFE... NEW SCHOOL, NEW FRIENDS...AND THE ANGUISH OF HAVING TO TELL OTHERS YOU DON'T LIVE WITH YOUR PARENT. ROBERT MEETS ANOTHER CHILD WHO DOESN'T LIVE WITH HIS PARENT. THERE IS AN OPPORTUNITY ON EVERY PAGE FOR A CHILD IN A LIKE SITUATION TO SHARE HOW HIS/HER LIFE HAS BEEN AFFECTED BY LIVING WITH AN ADULT OTHER THAN THEIR PARENT. ROBERT IS A BLACK CHILD OF UPPER ELEMENTARY AGE NOW LIVING IN A MIDDLE CLASS FAMILY SETTING. THE BOOK IS EASILY ADAPTABLE FOR THE PRIMARY AGE CHILD AND A CHILD OF ANY RACIAL HERITAGE AND HAS A POSITIVE MESSAGE ABOUT A DIFFICULT LIFE SITUATION.

BOOKS OF MEDITATIONS FOR CHILDREN

BY MAUREEN GARTH. **STARBRIGHT** AND **MOON-BEAN** WERE FIRST PUBLISHED IN 1991 AND 1992 CONSECUTIVELY. THESE BOOKS HAVE WONDERFUL AND SIMPLE VISUALIZATIONS TO HELP CHILDREN SLEEP PEACEFULLY, QUIET THE FEARS OF NIGHTMARES, DEVELOP CONCENTRATION, AND AWAKEN CREATIVITY. THE MEDITATIONS, FIRST DEVELOPED BY THE AUTHOR FOR HER DAUGHTER, WERE COMPILED IN BOOK FORM FOR PARENTS. THE INTRODUCTIONS ANSWER THE MANY QUESTIONS OF PARENTS AS TO THE WHY'S, WHAT FOR'S, AND HOW TO'S. THE AUTHOR BEGINS EACH MEDITATION WITH THE FOCAL POINT OF THE STAR BUT GUIDES THE READER IN HOW THEY MIGHT CHOOSE THEIR OWN FOCAL POINT. THE VISUALIZATIONS INCLUDE SUCH IMAGES AS THE GRANDFATHER TREE, THE WORRY TREE, ANGELS, FAIRIES, ELPHINITES, RAINBOWS, THE MANY ELEMENTS OF NATURE, AND MANY OF CHILDREN'S FAVORITE ANIMALS. WELL, YOU CAN JUST IMAGINE! SHE HAS USED IMAGES AND PLACES THAT ENGAGE THE MINDS OF CHILDREN. THE STORIES ARE WONDERFUL AND CHILDLIKE. I CAN'T WAIT TO OBTAIN ANOTHER OF HER MEDITATION BOOKS: THE INNER GARDEN FOR CHILDREN FROM 9 - 90. FOR COPIES, SEE CHAPTER 11 BOOKSTORE.

JAYNE SMITH