

SANDPLAY-SILENT WORK- SHOP OF THE PSYCHIE

BY KAY BRADWAY AND BARBARA
MCCOARD

WHILE SANDPLAY MAY BE A ROUTINE TREATMENT MODALITY IN MANY EUROPEAN COUNTRIES, IT HAS ONLY REALLY BEGUN TO GROW OVER THE LAST TEN YEARS AMONG JUNGIAN AND OTHER THERAPISTS IN THE UNITED STATES. SANDPLAY THERAPISTS OF AMERICA WAS FOUNDED BY KAY BRADWAY IN 1987.

THIS BOOK PROVIDES AN INTRODUCTION TO SANDPLAY AS WELL AS NEW MATERIAL FOR THOSE ALREADY USING THIS THERAPEUTIC MODALITY. IT INCLUDES:

- EXPLORATION OF SANDPLAY PROCESSES
- CASE STUDIES OF ADULTS AND CHILDREN
- MANY ILLUSTRATIONS IN COLOR AND BLACK AND WHITE
- AN EXAMINATION OF SYMBOLS AND CONCEPTS USED IN SANDPLAY
- DETAILED NOTES ON INTERPRETATION OF SANDTRAYS

KAY BRADWAY IS A JUNGIAN ANALYST AND BARBARA MCCOARD IS A JUNGIAN-ORIENTED PSYCHIATRIST IN PRIVATE PRACTICE. THEY EMPHASIZE THE HEALING NATURE OF THE SANDPLAY THERAPY AND HOW THIS OCCURS PRIMARILY WITHOUT THERAPIST INTERVENTION IN THE PROCESS UNTIL LATER IN THE ANALYTICAL PROCESS OF THE CLIENT.

SOME OF WHAT THE AUTHORS OFFER REGARDING SANDPLAY PROCESS MAY HAVE TO BE ADAPTED CONSIDERABLY TO FIT SHORTER TERM THERAPY DEMANDS. THIS BOOK COMPLIMENTS OTHERS ATTEMPTS AT PREPARING THERAPISTS FOR USING SANDTRAY IN A VARIETY OF SETTINGS AND FOR VALUING THE OFTEN SILENT, SELF-HEALING THAT IS POSSIBLE WITH SANDPLAY.

REVIEWER—TERRY FONTENOT